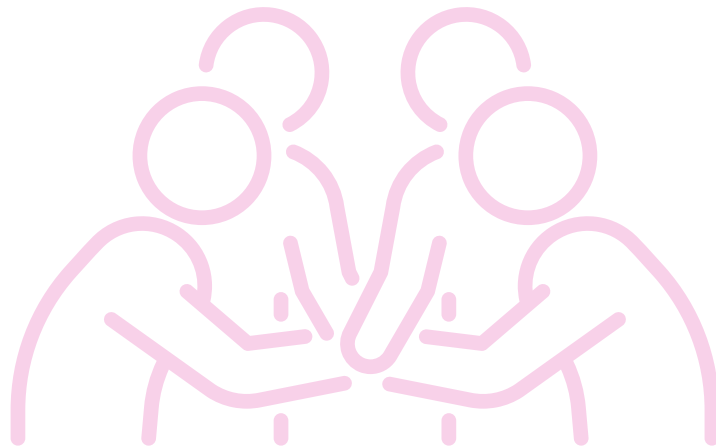


Buy in bulk, Share the cost

Food is more affordable when we work together

Food is more than what is on the plate. It is about health, connection, culture and community.

Buying and sharing food with others is a simple way to make groceries more affordable and reduce waste.



Why this works...

Buying in bulk is often cheaper, but not everyone needs (or can afford) large quantities at once. Sharing the cost makes it more manageable and helps food go further. This is where your network or community comes in.

The idea

Team up with:

- Friends
- Neighbours
- Family
- Workmates
- Community groups

Example:

- Buy a 10kg bag of potatoes
- Split the cost between 3– 4 households
- Share it out

This results in:

- Lower cost per kilo
- Less waste
- Everyone gets what they need

What you can buy in bulk

Great options include:

- Potatoes
- Onions
- Carrots
- Pumpkin
- Rice
- Oats
- Flour

Choose foods that

- Last well
- Are used often
- Can be stored easily

Make it work simply

- Keep it informal
- Split evenly
- Use reusable bags or containers
- Plan ahead so nothing is wasted



Community ideas

- Swap produce from your garden
- Share bulk-cooked meals
- Start a small local buying group
- Connect through neighbourhood houses

Conversation starters

- **Casual / low pressure** | "Hey, I've been trying to make groceries go further – would you ever want to split a bulk buy?"
- **With friends or family** | "I was thinking of buying a big bag of potatoes/veg – do you want to go in together?"
- **Neighbourhood / community** | "Would anyone be interested in a small food swap or sharing produce?"
- **At school / kinder** | "We always end up with extra – happy to swap if anyone else does too"

Why this matters...

This isn't just about saving money.

It is about:

- Strengthening community connection
- Reducing food waste
- Improving access to fresh food
- Supporting local producers and small growers

This doesn't have to be formal or complicated. Even sharing with one other household can make a difference.

Food resilience in action

When we:

- Buy together
- Share resources
- Support each other

We create a food system that is:

- More affordable
- More local
- More resilient

Food is something we all need... and something we can do better, together.