

Celebrate your child's birthday – without breaking the budget

Simple celebrations. Real joy. Less Pressure



Food is more than what is on the plate. It is about health, connection, culture and community.

Celebrations don't need to be expensive to be meaningful. With a little planning, you can create a fun, memorable birthday using simple, affordable ideas.

The idea

A great birthday doesn't need to be expensive. With a little planning, you can create a fun, memorable party using:

- Simple food
- Homemade cake
- Local spaces

All for around \$80 total

What this covers:

- 8–10 children
- Cake + candles
- Finger food
- Fruit
- Simple party setup

Where to host

- Local park
- Backyard
- Beach (weather permitting)

Why this works

- Free
- Space to play
- Less pressure on setup

The Cake

Make a simple vanilla cake at home

Ingredients (approx. \$8–\$10)

- Flour
- Sugar
- Eggs
- Butter or oil
- Milk

Buttercream icing

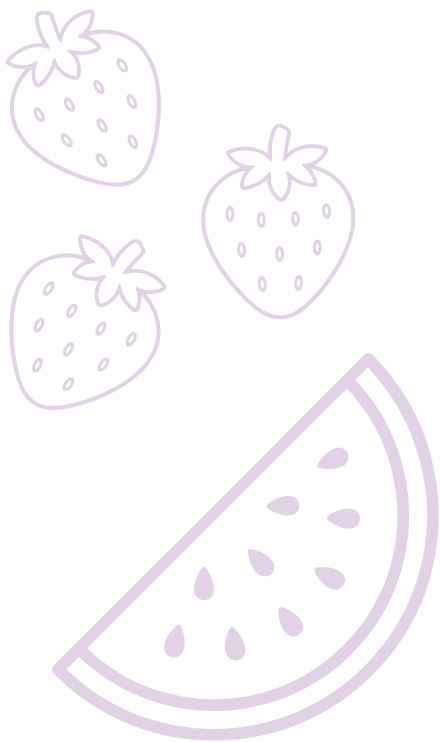
- Butter
- Icing sugar
- Splash of milk

Decorate simply (optional)

- Sprinkles
- Food colouring
- Lollies
- Fruit
- Candles

Kids don't need perfection – they love colour and fun!





Food plan (child friendly and low cost)

Sandwiches / Fairy Bread

- Vegemite / cheese / jam sandwiches
- Fairy bread (always a hit!)

Cost: \$10–\$12

Fruit Platter

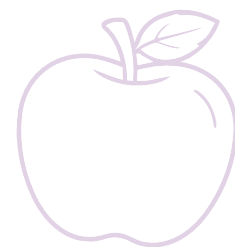
- Apples
- Bananas
- Watermelon or seasonal fruit

Cost: \$10–\$12

Drinks

- Water (tap + jugs)
- Cordial

Cost: \$5–\$8



SIMPLE PARTY SETUP

- Decorations (keep it minimal)
- Balloons (if location permits)
- Tablecloth or picnic rug

Cost: 10–\$15

Entertainment

- Playground
- Backyard games
- Music

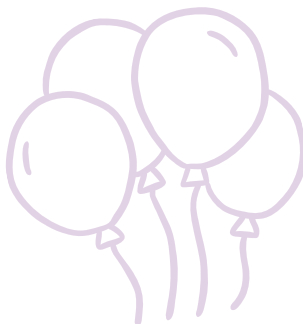
Kids don't need much – just space to play

Budget breakdown

Item	Cost
Cake + icing + candles	\$10–\$15
Sandwiches / fairy bread	\$10–\$12
Fruit	\$10–\$12
Snacks	\$10–\$15
Drinks	\$5–\$8
Decorations	\$10–\$15
Total	\$65–\$80

TOP TIPS

- Keep it simple
- Focus on fun and memories, not perfection
- Use what you already have
- Prep ahead to reduce stress



Celebrating your child can feel like a lot of pressure, especially when budgets are tight.

Simple, thoughtful celebrations are more than enough.